

7000+ IRs LATER

# The 11 Essential Cybersecurity Controls

Decades in incident response reveal battle-tested cybersecurity controls that minimize attack surface, improve detection and response, reduce incident impact and losses, and build cyber resilience (with compliance mappings for easy implementation).

## THE 11 ESSENTIAL CONTROLS WITH AN INCIDENT RESPONDER'S PERSPECTIVE

### 1. PHISHING-RESISTANT MULTI-FACTOR AUTHENTICATION (MFA)

Traditional MFA can be easily bypassed, so phishing-resistant MFA (such as FIDO2) is now essential. Well-implemented phishing-resistant MFA often stops attackers at the perimeter.

### 2. ENDPOINT DETECTION & RESPONSE (EDR)

When tuned and monitored, EDR is our fastest path to understanding attacker behavior. Weak or incomplete coverage leaves blind spots.

### 3. PRIVILEGED ACCESS MANAGEMENT (PAM)

PAM slows down attacker escalation and provides audit trails. Without it, privilege escalation is trivial and blast radius expands exponentially.

### 4. CENTRALIZED LOGGING & RETENTION (SIEM)

Centralized logs are an investigator's backbone when combined with thorough EDR coverage. Missing, incomplete or short-retention logs cripple response speed and accuracy.

### 5. PATCHING & VULNERABILITY MANAGEMENT

When patching is mature and timely, we see far fewer preventable intrusions and unauthorized access incidents.

### 6. EMAIL SECURITY & PHISHING PROTECTION

Phishing is the #1 intrusion vector. Strong controls eliminate entire attack paths; weak controls give attackers easy entry.

### 7. ASSET INVENTORY & VISIBILITY (IT, OT, CLOUD)

You can't investigate what you don't know exists. Missing inventory wastes time and lets attackers hide in shadow IT.

### 8. NETWORK SEGMENTATION, ACCESS CONTROLS

Segmentation provides natural containment boundaries. Without it, lateral movement becomes trivial and compounds risks to data.

### 9. IRP PLANS & TABLETOP EXERCISES

Practiced teams respond faster and more cohesively. Without rehearsals, chaos compounds incident damage.

### 10. DATA CLASSIFICATION & MANAGEMENT

When data is classified, we can quickly assess exposure and regulatory impact. Without it, extra time is consumed to find fundamental answers.

### 11. OFFLINE, SEGMENTED, TESTED BACKUPS

Tested offline backups remove leverage from ransomware actors. Unsegmented or untested backups often fail when needed most.

#	CONTROL	CIS v8	NIST CSF	NIST 800-171
1	Multi-Factor Authentication (MFA)	6.3 – Require MFA for External Apps 6.5 – Require MFA for Admin Access	PR.AC-7 – Users authenticated commensurate with risk	3.5.3 – Use MFA for local and network access
2	Endpoint Detection & Response (EDR)	10.1 – Anti-Malware Software 13.1 – Centralize Security Event Alerting	DE.CM-4 – Malicious code detected RS.AN-1 – Detection notifications investigated	3.14.1 – Identify, report, correct flaws 3.14.5 – Perform periodic scans
3	Privileged Access Management (PAM)	4.3 – Access Control for Admin Accounts 6.7 – Just-in-Time Privilege Elevation	PR.AC-4 – Permissions managed PR.AC-6 – Identities proofed & bound to credentials	3.1.2 – Limit access to authorized users 3.1.6 – Use least privilege
4	Centralized Logging & Retention (SIEM)	8.2 – Enable Audit Logging 8.3 – Collect Detailed Logs 8.5 – Retain Logs	DE.AE-3 – Event data aggregated & correlated PR.PT-1 – Audit/log records documented	3.3.1 – Create & retain audit logs 3.3.6 – Audit reduction & reporting
5	Regular Patching & Vulnerability Mgmt	7.3 – Apply Vendor Updates 7.5 – Automate Patch Management	PR.IP-12 – Vulnerability management implemented DE.CM-8 – Vulnerability scans performed	3.11.2 – Scan for vulnerabilities 3.14.1 – Identify, report, correct flaws
6	Email Security & Phishing Protection	9.1 – Block Phishing 9.2 – DNS Filtering 14.6 – Train on Phishing	PR.AT-1 – Training DE.CM-7 – Monitor email attachments PR.DS-2 – Data in transit protected	3.1.17 – Protect email 3.1.38 – Implement email protections 3.2.1 – Train to recognize threats
7	Asset Inventory & Visibility (IT, OT, Cloud)	1.1 – Asset Inventory 1.2 – Address Unauthorized Assets 2.1 – Software Inventory	ID.AM-1 – Devices inventoried ID.AM-2 – Software inventoried ID.AM-4 – External systems catalogued	3.4.1 – Maintain baselines & inventories 3.1.1 – Limit access to authorized users/devices
8	Network Segmentation & Access Controls	3.3 – Firewall Rules 14.4 – Segment Privileged Access 12.1 – Centralize Access Control	PR.AC-5 – Network integrity protected PR.PT-4 – Communications protected	3.1.3 – Control flow of CUI 3.1.20 – Control external connections
9	Incident Response Plan & Tabletop Exercises	17.1 – Assign Incident Managers 17.2 – Contact Authorities 17.4 – Conduct Exercises	RS.RP-1 – Response plan executed RS.IM-1 – Strategies tested & updated	3.6.1 – Incident-handling capability 3.6.2 – Track/report incidents 3.6.3 – Test IR capability
10	Data Classification & Structured Data Mgmt	3.4 – Inventory Data 3.6 – Encrypt Data 3.7 – Data Classification Scheme	ID.RA-1 – Vulnerabilities documented PR.DS-1 – Data at-rest protected PR.DS-5 – Prevent leaks	3.1.22 – Control CUI in public systems 3.8.1 – Protect CUI 3.8.3 – Mark & label CUI
11	Offline, Segmented, Tested Backups (RTO Validation)	11.4 – Protect Recovery Data 11.5 – Automated Backups 11.6 – Restoration Tests	PR.IP-4 – Backups protected & tested PR.PT-5 – Recovery tested RC.RP-1 – Recovery plan maintained	3.6.1 – Incident-handling capability 3.6.2 – Document/report incidents 3.1.1 – Limit backup access